

BEDFORD SKATING CLUB

CANSKATE BROCHURE – Spring 2021 @ BMO Centre

All Registration Through www.bedfordskatingclub.com



Come Learn to Skate With Us!

Why Choose CanSkate?

CanSkate is a dynamic learn-to-skate program that focuses on fun, participation, and basic skill development. CanSkate centers on physical literacy and the fundamental skills needed to take part in any ice sport. Whether you are looking to improve basic skating skills for figure skating, hockey, ringette, speed skating, or wish to skate for recreation, fitness, or fun - CanSkate will get you there!

Who Teaches CanSkate?

Skaters will receive lessons in group format from Certified NCCP Professional Coaches, assisted by trained program assistants.

What Can You Expect?

Action, movement and fun! Skaters learn a complete series of balance, control and agility skills taught in six stages of learning. Upbeat music and a wide variety of activities create a motivational environment and promote learning. Badges, ribbons and other incentives are used to benchmark skaters progress and reward effort and participation!

Registration Opens– All registration through www.bedfordskatingclub.com
Monday March 15th @ 12 NOON - Returning Skaters: *those who have enrolled in a BSC program before*

Wednesday March 17th @ 12 NOON - Open to New Skaters

Questions? Email bedfordskatingclub@hotmail.com

PreCanskate

Skaters Age 4+ as of April 15th, 2021

Pre-Canskate spaces available on each Canskate session.

CanSkate – Stages 1 – 6 – Skaters with previous skating experience.

Junior Academy – for skaters who have an interest in figure skating, may only register with an invitation.

Questions? Email bedfordskatingclub@hotmail.com

COVID-19 Protocols:

- Skaters must arrive ice ready, with skates, helmets, masks and mittens on.
- One spectator per skater is permitted to attend.
- **Masks will be worn by the skaters and coaches.**
- **Daily Health Screening Questionnaire** to be completed prior to each session.

Required Equipment:

- Hockey or Figure Skates
- CSA Approved Hockey Helmet
- Non-Medical Face Mask
- Hard Plastic Blade Guards

Pre-CanSkate & CanSkate	Dates:	Price Returning*	Price New*
Thursday - 5:50 – 6:30pm 8 weeks No session May 6 th	April 15, 22, 29 May 13, 20, 27 June 3, 10	\$135.00	\$180.00
Saturday #1 - 9:00 – 9:40am 8 weeks *Time Change: April 17 & May 8 th 11:00 – 11:40am	April 17*, 24 May 1, 8*, 15, 22, June 5	\$135.00	\$180.00
Saturday #2 - 9:40 – 10:20am 8 weeks *Time Change: April 17 & May 8 th 11:40am – 12:20pm	April 17*, 24 May 1, 8*, 15, 22 June 5	\$135.00	\$180.00

**Skate Canada Membership fee of \$45.00 is added to a skater who is not already registered in a Skate Canada Club for the 2020/2021 season.*

There are limited spaces available. The Club reserves the right to adjust registration to best fit the safety requirements of the session.

Junior Academy - invitation only. Stage 4+, with a figure skating focus. 2 days per week. If interested please email us.	Dates	Price
Thursday 6:30 – 7:20pm 8 weeks No session May 6 th	April 15, 22, 29 May 13, 20, 27 June 3, 10	\$250.00**
Saturday 10:30am – 11:20am 8 weeks *April 17 & May 8 th Time Change: 12:30pm – 1:20pm	April 17*, 24 May 1, 8*, 15, 22, June 5	

***Subject to SC Fee if not already enrolled in a Skate Canada Club for the 2020/2021 season.*